

# WORLD WOMAN

## TWICE A DAY BUT IT'S THIRD TIME UNLUCKY

Dear Angela,

I AM forty years of age. I can have sex once or twice a day, no problem, I can climax and I feel great. But when I have intercourse again in the morning, the amount of semen that comes out is very little.

Can you help me with this please, what can I do?  
**ANGELA SAYS:** It is normal that you ejaculate less semen when you have sex twice within a short period of time. Your testicles need some time to produce new semen after every ejaculation; it can take 2-3 days before they've built up a full 'load' again.

If you refrain from sex for a couple of days and the amount of semen is still unusually low, consult your GP for a check up.

### SexTalk

Dr. Angela Brokmann

### OUT OF TOUCH?



Dear Angela,

MY girlfriend is 17 and I'm 18. We had a great sex life until we started to sleep together. She always had an orgasm when we touched each other, sometimes even two or three, it was great.

For the past almost three weeks we've been sleeping together, and all the time she didn't even climax once. I can't enjoy sex like this.

What can I do to make her come?  
**ANGELA SAYS:** Do what you used to do before you started to sleep together: touch your girlfriend. Have a long foreplay and keep stimulating her clitoris while you have intercourse.

This is a bit tricky when you're on top, so encourage your girlfriend to get on top when you make love.

Dear Angela,

MY WIFE is 45 and started her menopause two months ago. At least we think she did as she missed two periods and is definitely not pregnant. Can we have unprotected sex now? We don't want to take any risks. We have two grown up children already and don't want any more kids at our age.



**ANGELA SAYS:** Your wife can still get pregnant when her menopause has only started. As a rule, you should wait for at least a year before you have sex without protection. Encourage your wife to discuss this with her GP or gynaecologist. She needs to visit her doctor anyway to confirm that her menopause has really started and that there is no other reason for her missed periods.

### Have I hit a bum note?

Dear Angela,

I AM 33, and I am mad about my girlfriend's bum. I have pictures of it on my mobile and my laptop, I even carry a picture of her bum in my wallet.

I fantasize about her sexy behind all the time, I even dream about it. When we're together I kiss and tease it until she begs me to stop. My girlfriend doesn't mind, but I'm still a bit worried that my fascination with her sexy bum is a bit weird. What do you think?

**ANGELA SAYS:** If your girlfriend has a great bum, why should you not love and admire it? It's absolutely normal and nothing to worry about. Many guys feel the same, that's one of the reasons why so many men love doggy-style...



### I'M TOO SHY TO FOR THE LIGHTS

Dear Angela,

MY boyfriend is 26 years of age and wants sex with the lights on, he says he wants to see my body when we sleep together.

We've only been together for three months. Although I am 24, I am still shy with him even when we don't have the lights turned on.

And my figure isn't great, I'm a bit overweight and don't want my boyfriend to see me naked like that.

**ANGELA SAYS:** Don't worry about your figure, I'm sure your boyfriend loves you the way you are. If you feel uncomfortable with leaving the lights on, make love by candle light; you'll feel less exposed, while your boyfriend will still be able to see your body.



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