

WORLD WOMAN

Advice for Mind, Body & Spirit Wellbeing Shekinah



ARIES

MARCH 21 - APRIL 20

Do your best with complex people and situations. It will pay off to keep them guessing. Do not buy into dark patterns of behaviour, or enter into the intrigue of a sticky web. Shut all negativity out of your life and give it no attention. Focus on balance and peace of mind for the best results.

DAILY ORACLE1580 475 101
DAILY SMS: TEXT 'ORACLE ARIES'53307

TAURUS

APRIL 21 - MAY 21

Tap into whatever you need to do to restore your equilibrium. Life can run much more smoothly than you appreciate at the moment. It doesn't have to be quite so complicated. Keep things neat and simple. Let clarity be the order of the day. It is important to appreciate what you have.

DAILY ORACLE1580 475 102
DAILY SMS: TEXT 'ORACLE TAURUS'53307

GEMINI

MAY 22 - JUNE 21

Make the most of precious times. NOT taking anyone or anything for granted is the key to happiness. You can afford to be pleased with where you have got to and come to terms with recent events. Things happen for a reason. Accept this and you will have the answers you need soon enough.

DAILY ORACLE1580 475 103
DAILY SMS: TEXT 'ORACLE GEMINI'53307

CANCER

JUNE 22 - JULY 23

Take your time and pace yourself. Do not punish yourself for what's already happened. There are no mistakes and there is not much you can do about it now anyhow. Claim the new fresh start you deserve. You may have to make dramatic changes that will not please everyone. Go right ahead!

DAILY ORACLE1580 475 104
DAILY SMS: TEXT 'ORACLE CANCER'53307

LEO

JULY 24 - AUGUST 23

It is important to suit yourself for a change. Others will accommodate your wishes in the long term anyhow. It is okay to compromise in a modest way, but stand your ground with what really matters. What is close to your heart should take precedence. Be smart and invest wisely in your future.

DAILY ORACLE1580 475 105
DAILY SMS: TEXT 'ORACLE LEO'53307

VIRGO

AUGUST 24 - SEPTEMBER 23

Are you drawing a blank in one area of your life? Never mind, you can't win them all! A little disappointed you may be, but be assured that everything will come right in the end. Being led down the garden path is an entertainment in itself, so try to be amused rather than feel threatened.

DAILY ORACLE1580 475 106
DAILY SMS: TEXT 'ORACLE VIRGO'53307

LIBRA

SEPTEMBER 24 - OCTOBER 23

Show the world what a winner you are. There is NO need to harbour regrets. Everything happens for a reason, so be philosophical and leave old nonsense behind you. Get things sorted and put them in their rightful place. A de-cluttering, de-judging session would not go amiss.

DAILY ORACLE1580 475 107
DAILY SMS: TEXT 'ORACLE LIBRA'53307

SCORPIO

OCTOBER 24 - NOVEMBER 22

Free yourself up from what is not working. A leap of faith will work well for you. Be assured; it WILL work out. All is not lost. You will feel a lot better if you assimilate things as you go. Transmutation of the past is a great idea at this stage. So clear away what you no longer need.

DAILY ORACLE1580 475 108
DAILY SMS: TEXT 'ORACLE SCORPIO'53307

SAGITTARIUS

NOVEMBER 23 - DECEMBER 21

Treasure good memories and hold onto what is really working. Do not get stuck in rumination or regret. It really IS time to move on. A magical future beckons. Are you prepared to be enchanted? There are no hidden agendas, or inherent dangers along the way, unless you create them.

DAILY ORACLE1580 475 109
DAILY SMS: TEXT 'ORACLE SAGITTARIUS'53307

CAPRICORN

DECEMBER 22 - JANUARY 20

Guard against that vivid imagination and keep your feet on the ground. Desist looking for complications and watch out for those negative expectations. It's time to break the patterns of the past; all you need is an open mind and heart. Special scenarios and opportunities beckon.

DAILY ORACLE1580 475 110
DAILY SMS: TEXT 'ORACLE CAPRICORN'53307

AQUARIUS

JANUARY 21 - FEBRUARY 19

Don't try to control outcomes. There really is no point in forcing anything along. Leave certain things up to fate. It is more exciting to be a bit philosophical about what might happen. Let the magic unfold and be flexible. In all things remain upbeat and positive. Don't be down.

DAILY ORACLE1580 475 111
DAILY SMS: TEXT 'ORACLE AQUARIUS'53307

PISCES

FEBRUARY 20 - MARCH 20

It is crucial that you remain positive and build on your personal strengths. Move ever onwards and upwards as you let the future unfold. Prepare to be reborn in a new and wonderful way. Keep major decisions at bay and stall things for the moment. Someone may not agree with what you say.

DAILY ORACLE1580 475 112
DAILY SMS: TEXT 'ORACLE PISCES'53307

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Shekinah is the feminine aspect of the God-head, present in all living beings

For appointments with Sarah phone 087 2270034

Survival



1 NASTY SURPRISE: The 'mugger' ready to pounce in the quiet carpark



2 BEHIND YOU: A knife-wielding thug comes from behind



3 GOTCHA: The assailants grab and immobilise their victim



4 RISKY: Putting your handbag in the boot without looking ground is taking a chance



TURNING THE TABLES: Get your fingers in the assailant's eyes, and below, if you're pinned down, use your arms as a lever to break the grip on your neck, try to buck the thug over using your hips, and when he's been flipped gouge his eyes and run like hell *Press: Mark Doyle*



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